

Greater Susquehanna Valley YMCA Pool Schedule - May 2019



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|---|---|--|--|------------------------------|
| 5:30A-7:00A Lap | 5:30A-8:00A Lap | 5:30A-8:00A Lap | 5:30A-8:00A Lap | 5:30A-8:00A Lap | | |
| 7:00A-8:00A Water Walk | 8:00A-9:00A Water Walk | 8:00A-9:00A Water Walk | 8:00A-9:00A Water Walk | 8:00A-9:00A Water Walk | 8:15A-9:00A Aqua Class <i>See Class Schedule</i> | |
| 8:00A-8:45A Aqua Class <i>See Class Schedule</i> | 9:00A-9:45A Aqua Class <i>See Class Schedule</i> | 9:00A-9:45A Aqua Class <i>See Class Schedule</i> | 9:00A-9:45A Aqua Class <i>See Class Schedule</i> | 9:00A-9:45A Aqua Class <i>See Class Schedule</i> | 9:00A-11:00A Swim lessons | |
| 9:00A-9:45A Aqua Class <i>See Class Schedule</i> | 9:45A-10:30A Aqua Class <i>See Class Schedule</i> | 9:45A-10:30A Aqua Class <i>See Class Schedule</i> | 9:45A-10:30A Aqua Class <i>See Class Schedule</i> | 9:45A-10:30A Rental or Lessons | | |
| 10:00A-11:00A Private lessons | 10:30A-11:00A Day care - 2'S | 10:30A-11:30A Private Lessons | 10:30-11:00A Daycare - 3's | 10:45A-11:30A School district | | |
| 11:00A-11:30A Giant Step | 11:00A-11:30A Giant Step | | | | | |
| 11:30A-1:30P Lap | 11:30A-1:30P Lap | 11:30A-1:30P Lap | 11:30A-1:30P Lap | 11:30A-1:00P Lap | 11:30A-1:00P Lap | 1:30P-2:30P Adult Lap |
| 2:00P-2:30P Giant Step | | 1:30P-2:00P Daycare | | 1:00P-2:00P Aqua Class <i>See Class Schedule</i> | 1:00P-2:00P Rental / Open | 2:30P-4:30P Family / Open |
| 2:30P-4:30P Private Lessons | 1:30P-2:15P Aqua Class <i>See Class Schedule</i> | 2:30P-4:30P Private Lessons | 1:30P-2:30P Aqua Class <i>See Class Schedule</i> | | 2:15P-3:30P Family Open | |
| 5:30P-6:30P Open Swim | 4:30P-7:00P Swim Clinic | 5:30P-6:30P Lap / Open | 4:30P-7:00P Swim Clinic | 5:30P-7:30P Private Lessons | 3:30P-4:30P Water Walk | |
| 6:30P-7:30P Water Walk | | 6:30P-7:30P Water Walk | 7:00P-7:30P Water Walk | | | |
| 7:30P-8:30P Family / Open Swim | 7:15P-8:30P Aqua Class <i>See Class Schedule</i> | 7:30P-8:30P Family / Open Swim | 7:30P-8:30P Aqua Class <i>See Class Schedule</i> | 7:30-8:30P Family / Open Swim | | |
| 8:30P-9:30P Lap | 8:30P- 9:30P Lap | 8:30P-9:30P Lap | 8:30P-9:30P Lap | 8:30P-9:30P Lap | | |

Classes that are in bold indicates that the pool deck is closed to anyone not participating in the scheduled program.

It is our policy for aquatic classes that youth must be able to swim without a floatation device and be at least 10 years old to participate.

