


**Sunbury YMCA RPM™ / Cycling Schedule – February 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY / SUNDAY
				2/1	<p align="center"><b>SATURDAY 2/2</b></p> <p align="center"><b>8:15AM RPM™</b> Sheila</p> <hr/> <p align="center"><b>SUNDAY 2/3</b></p> <p align="center"><b>1:30 RPM™</b> Jeanne</p>
4	5	6	7	8	<p align="center"><b>SATURDAY 2/9</b></p> <p align="center"><b>8:15AM RPM™</b> Barb – (60 min ride)</p> <hr/> <p align="center"><b>SUNDAY 2/10</b></p> <p align="center"><b>1:30 RPM™</b> Barb</p>
<p><b>8:45AM Cycling</b> Carissa</p>   <p><b>5:30PM RPM™</b> Stacy</p>	<p><b>5:45AM RPM™</b> Amy M</p> <p><b>8:00 RPM™</b> Barry (30 mins) <b>9:00 RPM™</b> Barb</p> <p><b>Noon Cycling</b> Karen</p> <p><b>5:30PM RPM™</b> Sheila P</p>	<p><b>8:45AM Cycling</b> Tim</p>   <p><b>5:30PM RPM™</b> Amy T</p>	<p><b>5:45AM RPM™</b> Barb</p> <p><b>8:00AM Cycling</b> Jim (30 mins)</p> <p><b>Noon RPM™</b> Adrienne</p>	<p><b>8:00AM RPM™</b> Melanie</p>	
11	12	13	14	15	<p align="center"><b>SATURDAY 2/16</b></p> <p align="center"><b>8:15AM RPM™</b> Barb</p> <hr/> <p align="center"><b>SUNDAY 2/17</b></p> <p align="center"><b>1:30 RPM™</b> Sheila</p>
<p><b>8:45AM Cycling</b> Carissa</p>   <p><b>5:30PM RPM™</b> Stacy</p>	<p><b>5:45AM RPM™</b> Amy M</p> <p><b>8:00 Cycling</b> Katrina (30 mins) <b>9:00 RPM™</b> Barb</p> <p><b>Noon Cycling</b> Karen</p> <p><b>5:30PM RPM™</b> Amy T</p>	<p><b>8:45AM Cycling</b> Tim</p>   <p><b>5:30PM RPM™</b> Jeanne</p>	<p><b>5:45AM RPM™</b> Barb</p> <p><b>8:00AM Cycling</b> Jim (30 mins)</p> <p><b>Noon RPM™</b> Barry</p>	<p><b>8:00AM RPM™</b> Melanie</p>	
18	19	20	21	22	<p align="center"><b>SATURDAY 2/23</b></p> <p align="center"><b>8:15AM RPM™</b> Amy T – (60 min ride)</p> <hr/> <p align="center"><b>SUNDAY 2/24</b></p> <p align="center"><b>1:30 RPM™</b> Jeanne</p>
<p><b>8:45AM RPM™</b> Barb</p>   <p><b>5:30PM RPM™</b> Stacy</p>	<p><b>5:45AM RPM™</b> Amy M</p> <p><b>8:00 Cycling</b> Katrina (30 mins) <b>9:00 RPM™</b> Barb</p> <p><b>Noon Cycling</b> Karen</p> <p><b>5:30PM RPM™</b> Sheila P</p>	<p><b>8:45AM Cycling</b> Tim</p>   <p><b>5:30PM RPM™</b> Amy T</p>	<p><b>5:45AM RPM™</b> Barb</p> <p><b>8:00AM Cycling</b> Jim (30 mins)</p> <p><b>Noon RPM™</b> Adrienne</p>	<p><b>8:00AM RPM™</b> Melanie</p>	
25	26	27	28		
<p><b>8:45AM Cycling</b> Carissa</p>   <p><b>5:30PM RPM™</b> Stacy</p>	<p><b>5:45AM RPM™</b> Amy M</p> <p><b>8:00 Cycling</b> Katrina (30 mins) <b>9:00 RPM™</b> Barb</p> <p><b>Noon Cycling</b> Karen</p> <p><b>5:30PM RPM™</b> Sheila P</p>	<p><b>8:45AM Cycling</b> Tim</p>   <p><b>5:30PM RPM™</b> Amy T</p>	<p><b>5:45AM RPM™</b> Barb</p> <p><b>8:00AM Cycling</b> Jim (30 mins)</p> <p><b>Noon RPM™</b> Adrienne</p>		