



FACE MASKS NOW REQUIRED INSIDE THE Y

Please review the following information regarding face covering requirements at the Greater Susquehanna Valley YMCA facilities:

On July 27, 2021, the Center for Disease Control and Prevention (CDC) updated masking recommendations stating the "CDC recommends all unvaccinated persons wear masks in public indoor settings." Based on emerging evidence on the Delta variant, the CDC also recommends fully vaccinated persons wear a mask in public indoor settings in areas of substantial or high transmission. During the week of August 9, 2021, counties within the Greater Susquehanna Valley YMCA service area entered into the substantial level of transmission category.

In response, effective on Monday, August 16, 2021, the GSV YMCAs are **implementing a face mask requirement for all employees, members and guests.**

Please see details below on the updated masking requirement. These guidelines are subject to change.

Mask Protocol While Inside Facility:

- All members, guests, volunteers and staff must wear a mask upon entering the facility
- Masks are to remain on throughout facility usage — especially within common areas such as the fitness center, sport court spectator area, group exercise and cycling rooms, locker rooms, hallways, etc.
- Masks may be removed when exercising on a piece of equipment if the member can be socially distanced
- Masks may be removed while actively participating in sports or recreation activities
- Masks must be worn when entering and exiting an exercise room and while setting up equipment

Your workout routine may now look like this:

- **Enter the Y, wearing a mask**
- Clean piece of equipment before use — use spray bottles provided
- Remove mask **(if socially distant)**
- Complete exercise
- Place mask back on
- Clean piece of equipment after use
- Move to next piece of equipment, **while wearing mask**

Exceptions to the Face Covering Requirement:

- Individuals who cannot wear a mask due to a medical condition, mental health condition or disability
- Individuals for whom wearing a mask while working would create an unsafe condition in which to operate equipment or execute a task as determined by local, state or federal regulators, or workplace safety guidelines
- Individuals who would be unable to physically remove a mask without assistance
- Individuals who are under 2 years of age
- Individuals who are communicating or seeking to communicate with someone who is hearing-impaired or has another disability, where the ability to see the mouth is essential for communication

We appreciate your patience and flexibility as we continually adapt to this constantly changing environment. We will reevaluate procedures and safety protocols to follow CDC guidance, state mandates, state and local health departments and other best practices. Member, guest, staff and volunteer safety continue to remain a top priority. Thank you for your adherence to our protocols as well as your care and consideration for those in our facility.