



Milton YMCA Pool Schedule
Effective January 1, 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am-9:00am Lap swim	7:30am-9:00am Lap swim	7:30am-9:00am Lap swim	7:30am-9:00am Lap swim	7:30am-9:00am Lap swim		
9:00am-10:00am Water walk	9:00am-10:00am Water walk	9:00am-10:00am Water walk	9:00am-10:00am Water walk	9:00am-10:00am Water walk		
10:00am-12:00pm Lap swim	10:00am-12:00pm Lap swim		10:00am-12:00pm Lap swim	10:00am-12:00pm Lap swim	11:30am-1:30pm Lap swim	
					1:30pm-2:30pm Water walk	
				4:00pm-6:30pm Lap swim		
4:30pm-6:30pm Lap swim	4:30pm-6:30pm Lap swim	4:30pm-6:30pm Lap swim	4:30pm-6:30pm Lap swim			
				*Children under the age of 10 must be accompanied by an adult/Adult must be present at the pool		
				**Call ahead to see if the pool has been rented or if private lessons have been scheduled		

WHAT CHANGES CAN I EXPECT DURING AND AFTER CLASS?

- Class capacity will be limited due to physical distance requirements.
- A minimum of six feet physical distance will be required during class.
- The floor and cycling bikes will be marked.
- Members should bring their own mats, towels and water bottles.
- Masks are recommended before and after class.
- Classes that require equipment use will be set up prior to class. After class members will leave and equipment will be cleaned and put away.
- Group Exercise and Cycling rooms and equipment will be cleaned after each class.
- Classes must have a minimum of 3 members preregistered or the class will be canceled. If class minimum is not met, the class will be canceled 30 minutes prior to the start of the class. Members and registered will be notified.
- Classes are only open to active Y members. No visitors or guests.

PREREGISTRION FOR CLASS IS REQUIRED. HOW DO I PREREGISTER?

- Preregistering for class is required due limited class size.
- Each member must preregister before class to make sure your spot is reserved.
- We are discouraging drop-ins. If class is at capacity you will not be able to participate.
- A Y account must be set up to register for classes online. [Click here](#) to set up an only GSV Y account.
- Other options to register for classes are in person at the front desk or call the front desk of your home branch.
- Classes will open for registration as follows:
 - Monday and Tuesday classes will open Friday
 - Wednesday class will open Monday
 - Thursday class will open Tuesday
 - Friday class will open Wednesday
 - Saturday class will open Thursday
- If you registered and are not able to attend class, please contact your home branch ASAP to have your name removed from the class.

CAN I HANG OUT AND SOCIALIZE AFTER MY WORKOUT?

- While we understand that connecting with others is an integral part of the Y experience, we also have to balance that with our need to be safe.
- We have removed community seating areas.
- We ask that you arrive for class no more than 10 minutes prior to the start of the class.
- Members are more than welcome to visit outside the Y, at a safe distance, before and after class.

#ForABetterUs

Inclement Weather Policy

Please follow the weather school-closing schedule.

Morning classes will be cancelled if Milton has a 2hr. delay or cancellation. When in doubt, please call.

Class Change/Cancellation Policy

In the event an instructor is unable to teach their scheduled class, we will do our best to fill the class with a substitute instructor.

If a substitute is not available and the instructor has your contact information, we will try to notify you.

Babysitting Policies:

1. Babysitting is only offered for children ages 6 weeks to 9 years.
2. Babysitting/ kidspace are provided Free to facility members.
3. Non-members and Non-member participants may use the kidspace/babysitting for a fee of \$2.00 per hour.
4. Parents must remain in the building. This is not a drop-off service.
5. Each child must be signed in and out by the parent or guardian.
6. YMCA staff has the right to refuse sick children.
7. Children may bring in bottles, cups, lunches and snacks. ALL PERSONAL BELONGINGS MUST BE LABELED!
8. Please inform the staff of any special needs your child may have.
9. No abusive or violent behavior will be permitted.
10. Time outs will be used for inappropriate behaviors and parents will be informed.
11. Any non-member child who is dropped off by anyone other than the parent will be charged \$2.00 per hour.
12. If a parent is a non-member, the charge will be \$2.00 per hour.

Please read the YMCA Discipline Policy:

The discipline Policy was developed for children enrolled in YMCA Daycare programs who continue to misbehave after the staff has used appropriated disciplinary techniques. The consequences for unacceptable behavior are:

1. A letter documenting specific incidents from staff to parents. (Sent by certified mail).
2. If a child's behavior still does not improve after one letter has been sent home, a parent/staff conference will be scheduled.
3. If after the steps have been taken and the child's behavior still continues to be disruptive, unacceptable, the child will be dismissed from the program immediately.

Please note the YMCA staff reserves the right to dismiss a child immediately for gross behavior.

BABYSITTING HOURS

Monday through Friday 8:45 a.m. to 11 a.m.

Monday, Wednesday, Thursday Evening hours 5:00p.m to 8:00 p.m.

Tuesday Evening ONLY 5:00 p.m. to 7:30 p.m.

Saturday 9:00 a.m. to 11:30 a.m.