



Milton YMCA Pool Schedule
Effective May 1, 2019



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30A-8:45A Lap	7:30A-8:45A Lap	7:30A-8:45A Lap	7:30A-8:45A Lap	7:30A-8:45A Lap		
8:45A-9:00A Open	8:45A-9:00A Open	8:45A-9:00A Open	8:45A-9:00A Open	8:45A-9:00A Open	8:00A-9:30A Aquacise Lynn (Class begins approx. 8:15am)	
9:00A-10:00A Aquacise Barb/Rachel	9:00A-10:00A Aquacise Dianne	9:00A-10:00A Aquacise Barb	9:00A-10:00A Aquacise Barb	9:00A-10:00A Aquacise Lynn	9:45A-1:00P Lessons (May 18th last day)	
10:00A-11:00A Aqua Pilates Bev	10:00A-11:00A Aqua Fitness Lynn	10:00A-11:45A Day Care	10:00A-11:00A Aqua Pilates Barb	10:00-11:00A Aqua Fitness Lynn		
11:00A-12:45P Lap	11:00-1:00PM Lap/Open	11:45A-1:00P Lap	11:00A-1:00PM Lap/Open	11:00A-1:00P Lap/Open		
12:45P-1:00P Open		1:00P-2:00P Arthritis Aquacise Sandy		1:00P-2:00P Arthritis Aquacise Sandy	1:00P-2:00P Open/**Rental	1:00P-2:00P Lap
1:00P-2:00P Arthritis Aquacise Marian				4:00P-4:45P SACC	2:00P-3:00P *Family	2:00P-3:00P Open/**Rental
	4:00P-5:30P Open	3:30P-5:30P SWIM TEAM	4:00P-5:30P Open	4:45P-5:30P Open	3:00P-4:00P Open/**Rental	3:00P-4:45P Open
3:30P-5:30P SWIM TEAM				5:30P-6:30P Lap		
5:30P-6:15P Lap	5:30P-6:15P Lap	5:30P-6:15P Lap	5:30P-6:15P Lap	6:30P-8:30P TGIF	4:00P-4:45P Open	
6:15pm-6:30pm Open	6:15pm-6:30pm Open	6:15pm-6:30pm Open	6:15pm-6:30pm Open	(May 17th last TGIF)		
6:30P-7:30P Aquacise Terri	6:30P-7:30P Aquacise Jill	6:30P-7:30P Aquacise Terri	6:30P-7:30P Aquacise Carol	*Children under the age of 18 must be accompanied by an adult/Adult must be present at the pool **Call ahead to see if the pool has been rented or if private lessons have been scheduled		
7:30PM-8:30PM Open	7:30PM-8:30PM Open	7:30PM-8:30PM Open/**Rental	7:30PM-8:30PM Open			