

**SILVER SNEAKERS SCHEDULE – January 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED! Have a safe and Healthy NEW YEAR!!!	2 9AM SS Classic - Terri 10AM SS Circuit - Terri	3 11AM SS Classic - Tracy	4 9AM SS Circuit - Dolores 10AM SS Yoga – Dolores
7 9AM SS Classic - Terri 10AM SS Circuit - Terri	8 10:15AM SS Yoga – Terri 11AM SS Classic - Tracy	9 9AM SS Classic - Dolores 10AM SS Circuit – Dolores	10 11AM SS Classic - Tracy	11 9AM SS Circuit - Dolores 10AM SS Yoga – Dolores
14 9AM SS Classic - Terri 10AM SS Circuit - Terri	15 10:15AM SS Yoga – Dolores 11AM SS Classic - Tracy	16 9AM SS Classic - Dolores 10AM SS Circuit - Dolores	17 11AM SS Classic - Tracy	18 9AM SS Circuit - Dolores 10AM SS Yoga – Dolores
21 9AM SS Classic - Dolores 10AM SS Circuit - Dolores	22 10:15AM SS Yoga – Dolores 11AM SS Classic - Tracy	23 9AM SS Classic – Dolores 10AM SS Circuit - Dolores	24 11AM SS Classic - Tracy	25 9AM SS Circuit - Dolores 10AM SS Yoga – Dolores
28 9AM SS Classic - Terri 10AM SS Circuit - Terri	29 10:15AM SS Yoga – Dolores 11AM SS Classic - Tracy	30 9AM SS Classic – Dolores 10AM SS Circuit - Dolores	31 11AM SS Classic - Tracy	